

Dear CHS Students and Parents,

California Education Code requires **all students in grades 9-12 take four years of Physical Education (PE)**.

All Coronado High School 9th grade students are required to take PE/Health or NJROTC.

Included in the 9<sup>th</sup> grade Physical Education curriculum is a physical fitness test called the FITNESSGRAM®.

- A student must score in the Healthy Fitness Zone of the FITNESSGRAM® in five of six standards, administered in grade 9 pursuant to Education Code Section 60800.
- If a student does not score in the Healthy Fitness Zone in five of six standards on the FITNESSGRAM®, the state of California requires that student to participate in PE for four years OR until they meet the FITNESSGRAM® requirements.
- The FITNESSGRAM® testing must be repeated each year until the student scores in the Healthy Fitness Zone in five of six standards.

FITNESSGRAM® testing will take place between February and May.

Students in grades 10 through 12 can meet their PE requirement by taking Dance, NJROTC, Weight Lifting, Yoga, or participating in Athletics.

Students can be granted a waiver from courses in Physical Education for two of the four-year requirement during grades 10-12 if they meet the following criteria, (Education Code Section 51241(b)(1):

- The student has scored in the Healthy Fitness Zone of the FITNESSGRAM® in five of six standards pursuant to Education Code Section 60800.
- Student and parent have met with a counselor and reviewed the student's eligibility for a waiver.

If a student is granted a waiver they may still choose to participate in Physical Education classes or in Athletics.

If you have questions about the California State PE requirement, please visit <https://www.cde.ca.gov/ta/tg/pf/> or contact your student's counselor or administrator.